

THE 2022 FLIGHT GUIDE

(JOHANNES EDITION)



HI THERE.

I'm Johannes Högberg. I do media stuff for Latitude 64, and I've been throwing discs since 1995. Instead of generic disc descriptions I will include my own notes on the discs. Why I love some, why I don't throw some, and some tips for others. For reference I can throw about 450 feet about once a year :D



LATITUDE 64°

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OVERSTABLE

STRAIGHT FLYING

UNDERSTABLE

OVERSTABLE

STRAIGHT FLYING

UNDERSTABLE



STILETTO
13 3 0.5 5
So, so overstable. Everyone should have one in their bag, just for fun.



BALLISTA PRO
14 4 0 3
Love it! I have one in 159 grams to get super max long distance.



BALLISTA
14 5 -1 3
Great disc. Great glide. I have used it for long turnover shots.



RIVE
13 5 0 3.5
My trusty driver for long shots. Grand plastic is the awesomest.



HAVOC
13 5 -1 3
Understable. I use it for turn-overs, hyzerflips and rollers.



BOLT
13 6 -2 3
Very much understable. Great disc with great glide though...



RECOIL
12 4 0 3
So underrated. Goes far, but almost feels like a fairway driver.



FLOW
11 6 -0.5 2
Big dome on the Flow, so great glide. But I throw Grace instead.



GRACE
11 6 -1 2
Kristin Tattar loves it, but I still debate if Recoil is better for me.



MUSKET
10 5 -0.5 2
It's a hybrid, like a longer fairway disc. I like it, but I don't need it.



SAPPHIRE
10 6 -2 1.5
Narrow grip, and low weights and great glide.



PIONEER
9 3 0 4
Yes, I have one. Forehands and skip shots. It's overstable.



SAINT
9 7 -1 2
So glidey. Not in my bag anymore. I throw River instead.



FURY
9 6 -2 2
Like the Saint, but more understandable. Beginner friendly with great glide.



JADE
9 6 -2 1
It's like Fury, but smaller grip and lower weights (150-159g).



STRIKER
8 5 0 2
Oldie (2008), but goldie. Good fairway driver.



SAINT PRO
8 5 -0.5 2
A great disc, they say. I love Explorer more though.



DIAMOND
8 6 -3 1
Easy distance for beginners. One of the best discs ever, just not for me.



XXX
7 3 0 4
Overstable and slow. Good for forehands, and thumbs I hear.



GLORY
7 5 0 3
Yes! It's like if Explorer and XXX had a baby. I've been missing this.



EXPLORER
7 5 0 2
Do-it-all fairway driver. It's so predictable, a straight flyer!



RIVER
7 7 -1 1
One of my favorite discs of all time. Glides for days!



MAUI
7 7 -2 1
Basically a more understable River. Roller disc for me. Beginner friendly!



ANCHOR
5 4 0 3
I like midranges. This has a bead, and is overstable. It's good.



TRUST
5 5 0 2
Flat and awesome flying midrange. I have one beaten in that I love.



TRIDENT
6 4 -0.5 3
It's not my cup of tea. But this disc has some cult followers.



CORE
6 5 -0.5 1
Don't use it now. Furthest flying midrange I've ever tried though.



COMPASS
5 5 0 1
Flies similar to Trust, but Trust in Grand plastic feels so good!!!



CLAYMORE
5 5 -1 1
Great disc with great glide. Very underrated disc in my opinion.



FUSE
5 6 -1 0
The best disc in the world. Everyone should have one. Period.



PEARL
4 6 -4 0
Panda seems so easy-going, just like this disc. Beginner friendly.



PURE
3 3 -1 1
Modern classic. Doesn't feel deep in the hand. I like it. Flies straight.



RUBY
3 5 -3 1
The putter for beginners. Feels slim in the hand. Tiger looks cool.



SINUS
2 2 0 2
The very first Latitude 64 disc. It's overstable. Has bead and deep grip.



FAITH
2 3 0 1
Feels too deep for me. Can't grip it. Lot's of people like it though.



HOPE
2 3 0 1
Same shape as Faith, but not as deep. I really like how it flies.



MERCY
2 4 0 1
Popular putter. Medium deep feel and no bead. Nice for approach shots.



GAUNTLET
2 4 0 1
Feels kinda deep, has a bead. Flies a bit overstable. Didn't do it for me.



DAGGER
2 5 0 1
Ricky Wysocki likes it - I don't. Too deep for me.



MACANA
2 5 0 1
Close to Dagger, not as deep though.



KEYSTONE
2 5 -1 1
Understable. Medium deep feel. Little fade. I like Pure more though.



BITE
1 7 -1 0
Fun! In my bag for funky approaches that needs extra air time.

MOST UNDERRATED?

One of my favorite discs is the Recoil, but I rarely see anyone else throw it. I think it's awesome. It's easy to grip, flies pretty far, is not too overstable for most people, and it has a forward moving fade. Johannes approved!

FLIGHT NUMBERS?

5 6 -1 2
SPEED GLIDE TURN FADE

Speed ratings are listed from 1 to 15. Discs with a higher speed cut through the air better.

Glide range from 1 to 7. A disc with more glide is able to better maintain loft during flight.

Turn is between -5 and 1. A disc with low turn has a tendency to turn right when thrown backhand by a right-handed player.

Fade is listed from 0 to 6. A disc with high fade will tail off left at the end of the flight when thrown backhand by a right-handed player.

MY DISC TIPS FOR BEGINNERS

Don't go for the discs with really high speed, and if you do, go for something light and understable. Like a Sapphire or Bolt. Best tip is to go for discs that fly straight for you and has good glide, that will give you the most distance.

HOW TO FIND YOUR PUTTER?

Try a couple different putters while practicing. Let it take some time. Then you will know what works best for you. Maybe it's the a slim profile like the Pure, or a deep Dagger. Try it out for yourself!

MY FAVORITE MIDRANGE !!!

Throwing the Fuse is just fun, it holds the anhyzer like no other disc I've seen.

PRO TIP !!!

Yes, I know it's a dog disc, but Bite is also awesome to play catch with humans. Great warm-up before a round.

SPEED 14

SPEEDMETER

SPEED 7

SPEED 6

SPEEDMETER

SPEED 1

